**Health & Wellness Coaching**

This Certificate program is intended to train graduate students and healthcare providers to meet the requirements for certification as a Health & Wellness Coach. Certification will enable the student to provide Health & Wellness Coaching in a number of various healthcare organizations. The required courses will present the frameworks, methods, and skills necessary to meet required competencies for credentialing.

**Course Location/Delivery**

The Certificate is offered on campus and is delivered face-to-face.

**Admission Requirements**

Applicants must have a bachelor's degree from a regionally accredited institution with a minimum 3.0 GPA. Suggested/preferred undergraduate majors: physical education, exercise science, public health, psychology, health education, anthropology.

**Application Process**

Please visit us here to access the application. In addition, to the application forms please submit:

* Graduate Certificate Department Approval form (Print, sign and submit this form with all other documents to our office).
* Official transcripts
* A resume
* Letter of interest

**Time Limit for Completion of Certificate**

Per University Policy, all Certificates have a five year time limit; however, the approximate time to complete the Certificate is three semesters.

**Prerequisites**

None

**Requirements**

9 credit hours

* PHC 6585 Health & Wellness Coaching: Core Principles (3 credits)
* PHC 6586 Health & Wellness Coaching: Advanced Methods (3 credits)
* PHC 6800 Health & Wellness Coaching Practicum (3 credits)

**Electives**

None

**Credit toward Graduate Degree**

Up to 9 hours of certificate course credits may be applied to a graduate degree with departmental approval.

**Standardized Tests**

International students must submit a TOEFL score when English is not the native language. A minimum score of 550 on the paper-based test or 79 on the web-based test is required.

**Contacts**

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