

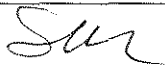
New certificate
Health + Wellness

College of Public Health Curriculum Approval Tracking Form

Item	Type		Delivery		
	New	Revised	Online*	Blended	Live
Course					
Concentration					
Certificate	✓				✓
Program/Degree					

Justification Statement: *If you are creating a new online component or making a substantive change that moves an on campus component to online you must complete the justification statement below.

Justification Statement (for online components only):

Date	Action	Signature
	Approved by Associate Dean of Academics	
	Approved by Chair of Department Curriculum Committee	
	Approved by Chair of Department	
5/2/18	Approved by Chair of COPH Curriculum Committee	
	Sent to USF Graduate Studies Curriculum Committee	

Comments: _____

Curriculum Committee will not act on any proposal without this form attached. The COPH Academic and Student Affairs team will make the appropriate copies and electronically deliver the documents to USF Graduate Studies. At that time the documents will be entered into Share Point and tracked electronically.



Graduate Curriculum Approval Form New Graduate Certificate Proposal

Name of Graduate Certificate

Health and Wellness Coaching

CIP Code

Proposed Effective Term (e.g Fall 2018)

Fall 2018

Contact Information	Name	Phone	Email	Location	Mail Point
Grad Cert Director	Rita Debate	974-6683	rdebate@health.usf.edu	ALN 151	MOC 56
Advisor	Rita Debate	974-6683	usf.edu	ALN 151	MOC 56
Admin Asst.	Iveta Allen	974-6683	iveta2@health.usf.edu	ALN 150	MOC 56

APPROVALS	Name	Signature	Action	Date
Dept. Chair			<input type="checkbox"/> Approve <input type="checkbox"/> Not approved <input type="checkbox"/> Comments attached	
School Committee Chair (if applicable)			<input type="checkbox"/> Approve <input type="checkbox"/> Not approved <input type="checkbox"/> Comments attached	
College Committee Chair (if applicable)	STEVE MCYMERAL	<i>[Signature]</i>	<input checked="" type="checkbox"/> Approve <input type="checkbox"/> Not approved <input type="checkbox"/> Comments attached	5/2/18
College Dean/ Associate Dean	Kay Perrin	<i>[Signature]</i>	<input checked="" type="checkbox"/> Approve <input type="checkbox"/> Not approved <input type="checkbox"/> Comments attached	
Concurrence*	Dept: Chair:		<input type="checkbox"/> Not Applicable <input type="checkbox"/> Concurs <input type="checkbox"/> Doesn't concur <input type="checkbox"/> Comments attached	
Grad Council	<input type="checkbox"/> Approve <input type="checkbox"/> Not approved <input type="checkbox"/> Tabled <input type="checkbox"/> Comments	Graduate Studies	<input type="checkbox"/> Approve <input type="checkbox"/> Disapprove	

Academic Requirements:

Total Credit Hours Required	12
Target Implementation Date	Fall 2018
Time limit for Completion	4 Semester
Expected Enrollment	15 per semester

CURRICULUM – list required courses.

Prefix/Number	Title	Credits	Faculty Member	Delivery Method	Required or Elective	New or Existing	Part of Other Grad Cert?	Part of a Major?
PHC 6489	Health + Wellness Coaching: Core Princ.	3	Debate	Campus	Required	New	No	No
PHC 6509	Health + Wellness Coaching: Adv. Tech.	3	Debate	Campus	Required	New	No	No
PHC 6944	Health + Wellness Coaching Practicum	6	Debate	Campus	Required	New	No	No

Note - revision to curriculum to change overall hours from 12 to 9 submitted 8/24/18.

6585
6586
6800

Course Location /Delivery:

Brief Description (give highlights about the Certificate; value added; etc.)

The Health and Wellness Coaching Graduate Certificate is designed to prepare students for a full- or part-time career in Health and Wellness Coaching. Completion of the certificate fulfills the requirements for an ICF recognized health and wellness coaching certification.

Credit toward graduate major: Up to 12 hours of graduate courses for a certificate may be applied to a graduate major with departmental approval.

Transfer Credit: Non-degree seeking students and transfer students may apply one graduate course to a Graduate Certificate with department approval.

Standardized Tests:

Admission Requirements:

Degree:

GPA:

Pre-requisite courses (list specific course or a certain number of credits in a discipline):

Application Process:

- Official Transcripts
- Resume
- Letter of Interest
- Other

Registration Process:

- First, consult with the Certificate Advisor and obtain an electronic course permit if necessary. Then go to www.bit.ly/USF-oasis, the link to OASIS, USF's on-line registration system.
- Follow directions given online.
- To access online course materials, students must have the USF NetID (e-mail account).
- Please visit: www.bit.ly/USF-ID to obtain the NetID.
- New Students, including those studying online, may obtain the USF Card
- Please visit www.bit.ly/USF-card to obtain the USFCard

Tuition and Fees: (text for this area will be inserted based on the type of certificate selected from the dro-down list below)

Financial Aid: Non-degree seeking students are not eligible for financial aid. Please contact private lenders for information on the types of student loans available.

JUSTIFICATION

Purpose: Describe the nature of the graduate certificate program, its primary goals, why it is needed and how it is unique. The Health and Wellness Coaching Graduate Certificate is designed to prepare students for a full- or part-time career in Health and Wellness Coaching. Health care costs are steadily rising, and more people are becoming conscious about their holistic health and well-being. Additionally, workplace health programs are becoming more common, and employees are beginning to take greater advantage of these services. As the desire for guidance, accountability and support in the area of healthy living

and holistic lifestyle change grows, the demand for Health and Wellness Coaches is increasing. Furthermore, while certification is not a requirement to operate as a Health and Wellness Coach, having the knowledge, skill, and experience helps one to market oneself to clients and potential employers as more competent and prepared than those who do not hold a certification. The curriculum offered in the Health and Wellness Coaching Graduate Certificate fulfills all requirements for certification as a Health and Wellness Coach through Real Balance Global Wellness Services, Inc. Additionally, it also will grant students eligibility for national certification through the International Coaching Federation.

Benefits: Describe how this graduate certificate will benefit students, the department, the university and the community
 As USF strives to increase persistence and graduation rates, as well as employability for all graduates of the institution, the Health and Wellness Coaching Graduate Certificate serves to aid in each of these endeavors. Through completion of field placement experiences on campus with the Success and Wellness Coaching program, students will be implementing their knowledge and skills by coaching undergraduate and other graduate students in areas of time management, stress management, physical health, interpersonal relationships and communication, personal growth, healthy habit formation, financial wellness, transition issues, and a host of other common factors that impact a student’s ability to persist through college and to graduation. Additionally, as a Certified Health and Wellness Coach, students will have the option of using their certification immediately, applying for jobs for which they may not have otherwise been qualified.

Marketing/Outreach: Describe your target market.
 Students who seek careers in health professions, including mental health and behavior change, who desire to work one-on-one with clients or patients to facilitate improved holistic health outcomes.

Competition: List other schools where a similar program is offered and how the courses are delivered, i.e. traditional, partially online, fully online, alternative calendar, etc.

University	Location	Name of Grad Cert	Delivery Method

Funding: On a separate sheet, detail costs associated with the start-up and operation of the proposed graduate certificate (faculty, staff, equipment, space etc.). Attach a letter of resource support from your department chair/college dean to the signed proposal.

Once College has approved, scan and email this Approval Form in PDF to Graduate Studies by the deadline posted online <http://www.grad.usf.edu/graduate-council.php> . For questions, contact cdh@usf.edu

Health & Wellness Coaching

This Certificate program is intended to train graduate students and healthcare providers to meet the requirements for certification as a Health & Wellness Coach. Certification will enable the student to provide Health & Wellness Coaching in a number of various healthcare organizations. The required courses will present the frameworks, methods, and skills necessary to meet required competencies for credentialing.

Course Location/Delivery

The Certificate is offered on campus and is delivered face-to-face.

Admission Requirements

Applicants must have a bachelor's degree from a regionally accredited institution with a minimum 3.0 GPA. Suggested/preferred undergraduate majors: physical education, exercise science, public health, psychology, health education, anthropology.

Application Process

Please visit us here to access the application. In addition, to the application forms please submit:

- Graduate Certificate Department Approval form (Print, sign and submit this form with all other documents to our office).
- Official transcripts
- A resume
- Letter of Interest

Time Limit for Completion of Certificate

Per University Policy, all Certificates have a five year time limit; however, the approximate time to complete the Certificate is three semesters.

Prerequisites

None

Requirements

9 credits

0 credit hours

- PHC 6409 Health & Wellness Coaching: Core Principles (3 credits)
- PHC 6509 Health & Wellness Coaching: Advanced Methods (3 credits)
- PHC 6944 Health & Wellness Coaching Practicum (6 credits) (3 credits)

Electives

None

Credit toward Graduate Degree

Up to ⁹12 hours of certificate course credits may be applied to a graduate degree with departmental approval.

Standardized Tests

International students must submit a TOEFL score when English is not the native language. A minimum score of 550 on the paper-based test or 79 on the web-based test is required.

Contacts

Rita DeBate, PhD, MPH
813-974-6683
rdebate@health.usf.edu

Jennifer Bleck, PhD, MPH
813-974-6683
jbleck@health.usf.edu