

**UNIVERSITY OF SOUTH FLORIDA
COLLEGE OF EDUCATION
Masters of Science (MS) PLANNED PROGRAM**

A. Student and Program Information

Name:	U#:
Mailing Address:	
Phone:	Email:
Degree Program: M.S. Exercise Science (EXS)	Plan: General
Catalog Year:	

B. Process Core (7 graduate hours)

Required Process Core Courses				
Course #	Course Title	Hrs	Semester/Year	Grade
PET 6536	Research Methods in Exercise Science	3		
EDF 6407	Statistical Analysis for Educational Research 1	4		

C. Content Specialization (21 graduate hours) – Take any 7 of the courses listed below

Course #	Course Title	Hrs	Semester/Year	Grade
PET 6389	Fitness Assessment and Prescription	3		
PET 6085	Body Composition Assessment and Management	3		
PET 6388	Physical Activity, Health and Disease	3		
PET 6081	Lifespan Fitness	3		
PET 6083	Psychology of Exercise	3		
PET 6003	Theories and Models of Health and Physical Physiology	3		
PET 6352	Cardiorespiratory Aspects of Exercise Physiology	3		
PET 6256	Sport in Society	3		
PET 6216	Sport in Psychology	3		
PET 6339	Neuromuscular Aspects of Exercise Physiology	3		
PET 6367	Sports Nutrition and Exercise Metabolism	3		
PET 6091	Topics in Strength and Conditioning	3		
PET 6472	Legal Aspects of Physical Activity	3		

D. Electives (Thesis: 5 hours minimum; Non-thesis: 8 hours minimum)

All electives must be approved by the faculty advisor and graduate coordinator.

Electives within the department may include but are not limited to: PET 6947: Internship in Exercise Science; PET 6906: Independent Study; PET 6910: Research Project; and/or PET 6971: Thesis.

Electives outside the department can include but are not limited to offerings made by the following departments: Psychology, Aging Studies, and Biomedical Sciences.

Course #	Course Title	Hrs	Semester/Year	Grade

E. Transfer Credit

Students are allowed to transfer coursework from a regionally accredited university or other USF graduate program with consent of the graduate program coordinator provided that the grade is a 3.0 or higher. Limits on the amount of credits that can be transferred and time limits for transferring prior courses follow university guidelines.

Course #	Course Title	Hrs	Semester/Year	Grade

F. Culminating Experience

Students are provided two options to complete the culminating experience requirement for graduation. Students must designate one of the two options in the section below prior to submission of this plan of study, but changes can be made as required.

Option 1: This option requires students to pass a two-part research-based comprehensive examination during the last semester of study that includes written and oral components.

Option 2: This option requires that a student complete a research thesis project. This option is available to all students provided that a faculty advisor is both available and well-suited for the research topic. The most typical scenario is to register for 3 hours of thesis during each semester of activity, but university guidelines allow for a single semester enrollment of 2 hours during the semester of graduation.

Culminating Experience Selection	Option 1: Comprehensive Examination
	Option 2: Thesis Project

G. Credit Hour Requirements

A minimum of 36 credit hours is required for graduation for non-thesis students.

A minimum of 33 credit hours is required for graduation for thesis students.

H. Signature Section

All of the signatures noted below must be in place prior to submission. It is the responsibility of the student to submit this form to the School of Physical Education and Exercise Science after obtaining the required signatures.

Name	Signature	Date
_____ Student		
_____ Subject Area Advisor		
_____ Departmental Coordinator		
<u>Stephen Sanders</u> Department Chairperson		

<p>Diane Briscoe Coordinator Graduate Studies</p>		
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**UNIVERSITY OF SOUTH FLORIDA
COLLEGE OF EDUCATION
Masters of Science (MS) PLANNED PROGRAM**

A. Student and Program Information

Name:	U#:
Mailing Address:	
Phone:	Email:
Degree Program: M.S. Exercise Science (EXS)	Plan: Strength and Conditioning
Catalog Year:	

B. Process Core (7 graduate hours)

Required Process Core Courses				
Course #	Course Title	Hrs	Semester/Year	Grade
PET 6536	Research Methods in Exercise Science	3		
EDF 6407	Statistical Analysis for Educational Research 1	4		

C. Content Specialization (21 graduate hours) – Take all 7 of the courses listed below

A minimum of 18 hours must be from the Content Specialization Section to meet College and University Graduation Requirements. Any course work waived in this section must be replaced with other course work to meet minimum graduation hour requirements.

Course #	Course Title	Hrs	Semester/Year	Grade
PET 6352	Cardiorespiratory Aspects of Exercise Physiology	3		
PET 6339	Neuromuscular Aspects of Exercise Physiology	3		
PET 6367	Sports Nutrition and Exercise Metabolism	3		
PET 6091	Topics in Strength and Conditioning	3		
PET 6216	Sport Psychology	3		
PET 6389	Fitness Assessment and Prescription	3		
PET 6081	Lifespan Fitness	3		

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Culminating Experience Selection	Option 1: Comprehensive Examination
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_____ Subject Area Advisor		
_____ Departmental Coordinator		
<u>Stephen Sanders</u> Department Chairperson		
<u>Diane Briscoe</u> Coordinator Graduate Studies		

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Masters of Science (MS) PLANNED PROGRAM**

A. Student and Program Information

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Phone:	Email:
Degree Program: M.S. Exercise Science (EXS)	Plan: Health and Wellness
Catalog Year:	

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