**Rehabilitation and Mental Health Counseling**

**(Post-Bacc) program**

**Master of Arts (M.A.) Degree**

**DEGREE INFORMATION**

**Program Admission Deadlines:**

**Fall:** January 15

Fall Admission only

**Minimum Total Hours:** 60

**Program Level:** Masters

**CIP Code:** 51.2310

**Dept Code:** REH

**Program (Major/College):** REH BC

**Approved** 1971

**Concentrations:**

Addictions and Substance Abuse Counseling (ASA)

Marriage and Family Therapy (MFL)

**Also offered as a 5-year program:**

**5-year program is currently inactive.**

**CONTACT INFORMATION**

**College:** Behavioral & Community Sciences

**Department:** Child and Family Studies (CFS)

**Contact Information** [www.grad.usf.edu](http://www.grad.usf.edu/)

**PROGRAM INFORMATION**

The Rehabiltiation and Mental Health Counseling Major in the Department of Child and Family Studies trains counselors to work with physically, mentally, emotionally, and chemically disabled individuals. Training emphasizes psychological, social, medical, and vocational aspects of disability, and also the development and refinement of personal adjustment counseling skills. Graduates with this M.A. are prepared for careers as both rehabilitation specialists and mental health counselors.

The Major offers only the M.A. degree. Most students are admitted after earning a baccalaureate degree in one of the behavioral, social, health-related, or educational disciplines (REH). The Major offers two areas of Concentration that may also lead to a certificate: (1) Addictions and Substance Abuse Counseling; and (2) Marriage and Family Therapy. Each student may elect to pursue a program of specialization in any of these areas. The Addictions and Substance Abuse counseling program is approved by the Certification Board for Addictions Professionals of Florida (CBAPF Approved Provider #179A).

Upon completion of at least 75% of the program, students are eligible to sit for the national examination to become a Certified Rehabilitation Counselor (CRC). Upon graduation, individuals are also eligible to take the examination for the state licensure as a Mental Health Counselor. Upon completion of 1500 hours of post-graduate clinical supervision graduates receive their license as a Mental Health Counselor in the State of Florida. For a complete description of the department and its program, visit the department’s Web page at:

<http://rmhc.bcs.usf.edu>

**Accreditation:**

Accredited by the Commission on Colleges of the Southern Association of College and Schools. The program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and the Commission on Rehabilitation Education (CORE).

**ADMISSION INFORMATION**

Must meet University requirements (see Graduate Admissions) as well as requirements listed below.

**Major Admission Requirements**

Same as university requirements plus:

* Three letters of recommendation
* Online department application (which includes a personal statement of intent)
* GRE
* Interview (on campus)
* Undergraduate statistics or research methods course

**MAJOR CURRICULUM REQUIREMENTS**

Total Minimum Credit Hours: 60 credits

Core Requirements – 60 hours

Optional Thesis – 6 hours

Optional Concentration – 15 hours

The department offers both a thesis and a non-thesis option. There is no language requirement; however, a comprehensive examination is required of all students. The following 60-hour core curriculum is consistent with national certification standards for rehabilitation counselors and must be taken by all students (post-baccalaureate, thesis, and non-thesis). Students must receive a B (3.00) or better in all core curriculum and elective classes.

**Core Course Requirements – 60 hours**

MHS 5020 Foundations of Mental Health Counseling 3

MHS 5480 Human Growth & Development 3

RCS 5780 Legal & Ethical Issues & Professional Standards and Issues in Counseling 3

RCS 5035 Rehabilitation Counseling in Community Settings: Concepts & Applications 3

RCS 5080 Medical Aspects of Disability 3

RCS 5450 Fundamentals of Substance Abuse Counseling 3

RCS 6220 Individual Evaluation & Assessment 3

RCS 6476 Human Sexuality Counseling 3

RCS 6301 Career & Lifestyle Assessment 3

RCS 6408 Diagnosis & Treatment Psychopathology 3

RCS 6440 Social & Cultural Foundations of Counseling 3

RCS 6510 Group Theories and Practice 3

RCS 6407 Counseling Theories and Practice 3

RCS 6740 Research & Program Evaluation 3

RCS 6803 Practicum In Counseling 6

RCS 6825 Internship 6

Two Electives or Thesis Credits 6

**Optional -**

**Optional Concentration Requirements**

**Addictions and Substance Abuse Counseling - 15 credit hours**

RCS 5450 Fundamentals of Substance Abuse Counseling 3

RCS 6459 Professional Skills for Addictions Counselors 3

RCS 6930 Seminar in Rehabilitation Counseling: Employee Assistance Programs 3 or approved elective 3

RCS 6803 Practicum (Substance Abuse) 3

RCS 6456 Counseling Approaches for Substance Abusers 3

**Marriage and Family Therapy -15 hours**

RCS 6476 Human Sexuality in Counseling 3

RCS 6930 Seminar in Rehabilitation Counseling: Dynamics of Marriage and Family Therapy 3

RCS 6930 Seminar in Rehabilitation Counseling: Marital Therapy, Theory, and Techniques 3

RCS 6930 Seminar in Rehabilitation Counseling: Family Therapy, Theory, and Techniques 3

RCS 6803 Practicum in Counseling 3

**Comprehensive Examination**

In order to graduate from the program students must pass the comprehensive exam. The written comprehensive examination assesses the student’s understanding of the significant content and process areas of the entire program curriculum.

**COURSES**

See <http://www.ugs.usf.edu/course-inventory/>